



Dancing University



The Dancing University of the University of Pécs is a unique initiative in Hungarian higher education.

[The Dancing University was founded at the University of Pécs in 2000](#) [1]. Its main aim was to create an extraordinary leisure-time activity of high quality, which is absolutely **unique in Hungarian higher education**. It is **exercise and entertainment** at the same time, the courses can be taken as sports classes or for credit and it also serves as a contact point for students and employees of **different faculties**.

In 2005 the Dancing University set the **Guinness record of "The most people belly dancing simultaneously"**, and in 2010 it reclaimed the title with 826 participants dancing together at the event.

In February 2011 the [PTE](#) [2] [Dance Team](#) [2] was founded in order to be able to perform in the most various dance styles.

[Presentation of the Dancing University in Hungarian and some parts in English](#) [3]

[Facebook page](#) [4]

[Youtube channel](#) [5]

Our missions:

provide a physical, psychological, cognitive, social, and artistic activity for everybody interested in dancing

promote the positive effects of dance on children, adults, and seniors as well

- involve people with the most different cultural, social, or religious



backgrounds in dance courses

- involve people with diseases or disabilities in dance courses
- take part in scientific research to prove the positive impact of dance on our health and wellbeing

Our results:

- 40,000 participants have attended more than 50 different dance and movement courses.
- [PTE Dance Team](#) [2] has had more than 300 performances, programs and performances with Hungarian and international artists, evening-length dance shows all over the country, in China and Thailand at the World Leisure Expos, YOUPECOs, in Croatia.
- Participation rate of foreign students is constantly [growing](#) [6], and we also help them get acquainted with Hungarian culture by [teaching Hungarian folk dances](#) [7] and [involving them](#) [8] in [as many programs as possible](#) [9].
- We offer appropriate courses to students with learning or behavioral difficulties in partnership with the Support Service and the [Inclusive University](#) [10].
- From 2003, classes can be completed for credit or as compulsory sports courses.
- We started our [dance course for Parkinson's disease patients](#) [11] in 2016 to help improve their quality of life. In addition to the [dance sessions](#) [12], participants regularly take part in performances, [workshops](#) [13], [scientific research](#) [14], and [educational lectures](#) [15] to prove the positive impact of dance on their symptoms.
- In 2018 we began [teaching dance for primary](#) [16] and [high school students](#) [17] to help their stress management, development of a healthy body image, and social interaction.
- In 2020 dance classes for in-patients of the Psychiatric and Psychotherapeutic Department supplemented existing therapies. ([Page 38-39](#)) [18]
- Due to the epidemiological situation, in the spring of 2020, the [PTE Digital Dance Studio](#) [19] was established to continue the semester and introduce new types of dances.
- Due to safety measures, the Parkinson dance continued online.
- We have offered [outdoors dance courses](#) [20] at the sports field and in parks of the university since 2021 spring.
- With the professional management of the PTE Dance Team the Pécs Cheer Squad started working in 2021 autumn and the [PTE PEAC Cheerleading Department](#) [21] in 2022 May.
- The cheerleading teams of the University of Pécs has been extremely successful at the Hungarian University and College National Cheer Championships since 2018.
- Several participants wrote their thesis on the project, decided to learn the chosen dance style at higher level later, or became dance instructors.



Source URL:https://tancolo.pte.hu/en/content/dancing_university

Links

[1] <https://www.youtube.com/watch?v=jTD7BvrbmSg> [2]
https://tancolo.pte.hu/en/content/pte_dance_team_0 [3]
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