Dancing University

The Dancing University of the University of Pécs is a unique initiative in Hungarian higher education.

The Dancing University was founded at the University of Pécs in 2000 [1]. Its main aim was to create an extraordinary leisure-time activity of high quality, which is absolutely **unique in Hungarian higher education**. It is **exercise and entertainment** at the same time, the courses can be taken as sports classes or for credit and it also serves as a contact point for students and employees of **different faculties**.

In 2005 the Dancing University set the **Guinness record of "The most people belly dancing simultaneously"**, and in 2010 it reclaimed the title with 826 participants dancing together at the event.

In February 2011 the PTE [2] Dance Team [2] was founded in order to be able to perform in the most various dance styles.

Presentation of the Dancing University in Hungarian and some parts in English [3]

Facebook page [4]

Youtube channel [5]

Our missions:

- provide a physical, psychological, cognitive, social, and artistic activity for students and employees of the University of Pécs, for citizens of Pécs, and for everybody interested in dancing

- promote the positive effects of dance on children, adults, and seniors as well

- involve people with the most different cultural, social, or religious

backgrounds in dance courses

- involve people with diseases or disabilities in dance courses

- take part in scientific research to prove the positive impact of dance on our health and wellbeing

Our results:

- 40,000 participants have attended more than 50 different dance and movement courses.

- PTE Dance Team [2]has had more than 300 performances, programs and performances with Hungarian and international artists, evening-length dance shows all over the country, in China and Thailand at the World Leisure Expos, YOUPECOs, in Croatia.

- Participation rate of foreign students is constantly growing [6], and we also help them get acquainted with Hungarian culture by teaching Hungarian folk dances [7] and involving them [8] in as many programs as possible [9].

- We offer appropriate courses to students with learning or behavioral difficulties in partnership with the Support Service and the Inclusive University [10].

- From 2003, classes can be completed for credit or as compulsory sports courses.

- We started our dance course for Parkinson's disease patients [11] in 2016 to help improve their quality of life. In addition to the dance sessions [12], participants regularly take part in performances, workshops [13], scientific research [14], and educational lectures [15] to prove the positive impact of dance on their symptoms.

- In 2018 we began teaching dance for primary [16]and high school students [17]to help their stress management, development of a healthy body image, and social interaction.

- In 2020 dance classes for in-patients of the Psychiatric and Psychotherapeutic Department supplemented existing therapies. (Page 38-39) [18]

- Due to the epidemiological situation, in the spring of 2020, the PTE Digital Dance Studio [19] was established to continue the semester and introduce new types of dances.

- Due to safety measures, the Parkinson dance continued online.

- We have offered outdoors dance courses [20] at the sports field and in parks of the university since 2021 spring.

- With the professional management of the PTE Dance Team the Pécs Cheer Squad started working in 2021 autumn and the PTE PEAC Cheerleading Deaprtment [21] in 2022 May.

- The cheerleading teams of the University of Pécs has been extremely successful at the Hungarian University and College National Cheer Championships since 2018.

- Several participants wrote their thesis on the project, decided to learn the chosen dance style at higher level later, or became dance instructors.

Source URL:https://tancolo.pte.hu/en/content/dancing_university

Links
[1] https://www.youtube.com/watch?v=jTD7BvrbmSg [2] https://tancolo.pte.hu/en/content/pte_dance_team_0 [3] https://www.youtube.com/watch?v=L0K1jlt61k0 [4] https://www.facebook.com/egyetem.ptetancolo [5] https://www.youtube.com/user/tancoloegyetem [6] https://www.facebook.com/egyetem.ptetancolo/videos/685373414984478 [7] https://www.facebook.com/egyetem.ptetancolo/photos/a.258082577713566/611606865694467 [8] https://www.facebook.com/egyetem.ptetancolo/videos/246958179351896 [9] https://www.facebook.com/egyetem.ptetancolo/videos/2183617465219688 [10] https://www.youtube.com/watch?v=Hfn50IravbE [11] https://www.youtube.com/watch?v=ACdau9XEM7c&t=7s [12] https://www.facebook.com/pannon.televizio/videos/1435417436562359 [13] https://www.facebook.com/egyetem.ptetancolo/videos/677512532437233 [14] http://etk.pte.hu/public/upload/files/EgeszsegAkademia/2017_VIII_4/3_Csavajda_Evelyn.pdf [15] https://www.youtube.com/watch?v=43XgSrJw_2o [16] https://www.facebook.com/egyetem.ptetancolo/videos/546834669543281 [17] https://www.facebook.com/photo?fbid=3084656345093048&set=pcb.3084659515092731 [18] https://issuu.com/univpecs/docs/univpecs-2020_02-hun-0511_osszefuzve?fbclid=IwAR3eHcb6HCoujJEkzxAAQITmB_OrS6Aiq6pPrXrA4oKwwL-4KCIfPTY6IKA [19] https://www.youtube.com/watch?v=iCUHFhMSi4Y&t=7s [20] https://www.facebook.com/egyetem.ptetancolo/photos/a.258082577713566/1614975018690975 [21] https://www.facebook.com/ptepeaccheerleading