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## Dancing University



The Dancing University of the University of Pécs is a unique initiative in Hungarian higher education.

[The Dancing University was founded at the University of Pécs in 2000](#) [1]. Its main aim was to create an extraordinary leisure-time activity of high quality, which is absolutely **unique in Hungarian higher education**. It is **exercise and entertainment** at the same time, the courses can be taken as sports classes or for credit and it also serves as a contact point for students and employees of **different faculties**.

In 2005 the Dancing University set the **Guinness record of "The most people belly dancing simultaneously"**, and in 2010 it reclaimed the title with 826 participants dancing together at the event.

In February 2011 the [PTE](#) [2], [Dance Team](#) [2] was founded in order to be able to perform in the most various dance styles.

[Presentation of the Dancing University in Hungarian and some parts in English](#) [3]

[Facebook page](#) [4]

[Youtube channel](#) [5]

### Our missions:

provide a physical, psychological, cognitive, social, and artistic activity for everybody interested in dancing

promote the positive effects of dance on children, adults, and seniors as well

- involve people with the most different cultural, social, or religious

## backgrounds in dance courses

- involve people with diseases or disabilities in dance courses
- take part in scientific research to prove the positive impact of dance on our health and wellbeing

### **Our results:**

- 40,000 participants have attended more than 50 different dance and movement courses.
- [PTE Dance Team](#) [2] has had more than 300 performances, programs and performances with Hungarian and international artists, evening-length dance shows all over the country, in China and Thailand at the World Leisure Expos, YOUPECOs, in Croatia.
- Participation rate of foreign students is constantly [growing](#) [6], and we also help them get acquainted with Hungarian culture by [teaching Hungarian folk dances](#) [7] and [involving them](#) [8] in [as many programs as possible](#) [9].
- We offer appropriate courses to students with learning or behavioral difficulties in partnership with the Support Service and the [Inclusive University](#) [10].
- From 2003, classes can be completed for credit or as compulsory sports courses.
- We started our [dance course for Parkinson's disease patients](#) [11] in 2016 to help improve their quality of life. In addition to the [dance sessions](#) [12], participants regularly take part in performances, [workshops](#) [13], [scientific research](#) [14], and [educational lectures](#) [15] to prove the positive impact of dance on their symptoms.
- In 2018 we began [teaching dance for primary](#) [16] and [high school students](#) [17] to help their stress management, development of a healthy body image, and social interaction.
- In 2020 dance classes for in-patients of the Psychiatric and Psychotherapeutic Department supplemented existing therapies. ([Page 38-39](#)) [18]
- Due to the epidemiological situation, in the spring of 2020, the [PTE Digital Dance Studio](#) [19] was established to continue the semester and introduce new types of dances.
- Due to safety measures, the Parkinson dance continued online.
- We have offered [outdoors dance courses](#) [20] at the sports field and in parks of the university since 2021 spring.
- With the professional management of the PTE Dance Team the Pécs Cheer Squad started working in 2021 autumn and the [PTE PEAC Cheerleading Department](#) [21] in 2022 May.
- The cheerleading teams of the University of Pécs has been extremely successful at the Hungarian University and College National Cheer Championships since 2018.
- Several participants wrote their thesis on the project, decided to learn the chosen dance style at higher level later, or became dance instructors.



**Source URL:**[https://tancolo.pte.hu/en/content/dancing\\_university](https://tancolo.pte.hu/en/content/dancing_university)

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## Links

[1] <https://www.youtube.com/watch?v=jTD7BvrbmSg> [2]  
[https://tancolo.pte.hu/en/content/pte\\_dance\\_team\\_0](https://tancolo.pte.hu/en/content/pte_dance_team_0) [3]  
<https://www.youtube.com/watch?v=L0K1jlt61k0> [4] <https://www.facebook.com/egyetem.ptetancolo>  
[5] <https://www.youtube.com/user/tancoloegyetem> [6]  
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[http://etk.pte.hu/public/upload/files/EgeszsegAkademia/2017\\_VIII\\_4/3\\_Csavajda\\_Evelyn.pdf](http://etk.pte.hu/public/upload/files/EgeszsegAkademia/2017_VIII_4/3_Csavajda_Evelyn.pdf) [15]  
[https://www.youtube.com/watch?v=43XgSrJw\\_2o](https://www.youtube.com/watch?v=43XgSrJw_2o) [16]  
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[https://issuu.com/univpecs/docs/univpecs-2020\\_02-hun-0511\\_osszefuzve?fbclid=IwAR3eHcb6HCoujEkzxAAQITmB\\_OrS6Aiq6pPrXrA4oKwwL-4KCIPTy6lKA](https://issuu.com/univpecs/docs/univpecs-2020_02-hun-0511_osszefuzve?fbclid=IwAR3eHcb6HCoujEkzxAAQITmB_OrS6Aiq6pPrXrA4oKwwL-4KCIPTy6lKA) [19]  
<https://www.youtube.com/watch?v=iCUHFhMSi4Y&t=7s> [20]  
<https://www.facebook.com/egyetem.ptetancolo/photos/a.258082577713566/1614975018690975>  
[21] <https://www.facebook.com/ptepeaccheerleading>