



Zumba beginner

Flaming Latin Power

Those girls and boys who do not dare to have fun while sweating will definitely love the aerobics movements concentrating mostly to the hips and arms, done to the rhythms of thrilling Latin music. Good stamina is the base. Swing your hip and burn the fat!

Instructor: Ms. Réka Buda

Time: Mondays at 5:00pm-6:30pm

Location: PTE Dance Studio (Ifjúság útja 6. building B)

[REGISTRATION](#) [1]

Source URL: https://tancolo.pte.hu/en/content/zumba_beginner

Links

[1] http://tancolo.pte.hu/en/zumba_20172018_ji