



Creative Dance for Parkinson's and MS patients

Harmony of body-soul-mind

Dance has been scientifically proven to have beneficial effects on people. This feature is extremely important when some negative effects reach the body. This is the reason of the project's newest course being offered specifically for Parkinson's disease and Multiple Sclerosis patients. This creative dance aims to strengthen the nervous system, mood and muscles with a multitude of dance styles, using a variety of equipments, great music, in great company, in order to contribute to the participants' balanced lives.

Instructor: [Mrs. Beatrix Bánkyné Perjés](#) [1]

Time: Fridays at 2:15 pm-2:45pm

Location: PTE Dance Studio (Ifjúság útja 6. building B)

[REGISTRATION](#) [2]

Source URL:https://tancolo.pte.hu/en/course/creative_dance_parkinsons_and_ms_patients

Links

[1] http://tancolo.pte.hu/bankyne_perjes_beatrix [2] https://tancolo.pte.hu/en/kreativ_tanc_parkinson_korral_es_sclerosis_multiplex_szel_elo_szamara_creative_dance_parkinsons_4