



Employees' Gymnastics

Joy, power, recreation

Pleasant gymnastics after whole day-long sedentary activities, which provide the firming and strengthening of the critical body parts, creating a happier mood with the help of dance steps and recreation by relaxing at the end of the classes.

Instructor: Ms. Zsófia Müller

Time: Wednesdays at 4:30pm-5:30pm

Location: PTE Dance Studio (Ifjúság útja 6. building B)

For registration please log in at the right bottom part of the page. If any problem occurs please refresh the page.

[REGISTRATION](#) [1]

Source URL: https://tancolo.pte.hu/en/course/employees_gymnastics

Links

[1] https://tancolo.pte.hu/en/dolgozoi_zenes_torna_employees_gymnastics_20182019_ji